



JACK & JILL NUTRITION & ALLERGENS -- 2010

ALLERGENS

ITEM	Size	Calories						Sodium	Potass	Dietary Carb	Fiber	Sugar	VITAMIN				GLUTEN	NUTS	PEA-TREE	SOY	MILK	EGGS	FD&C YELLOW		INGREDIENTS		
		Serv/g	Per	Calorie	Tot	Sat	Trans						A	C	Calcium	Iron							% DV	% DV		#5	#6
NOVELTY ITEMS: Insulated Cup-Vanilla Ice Cream	4 fl.oz.	67g	140	60	7g	4.5g	0g	25mg	50mg	16g	0g	12g	-	2g	6	0	8	2	^	^	^	^	YES	^	^	^	INGREDIENTS:Ice Cream:Milk, Cream, Sugar, Corn Syrup, Nonfat Dry Milk, High Fructose Corn Syrup, Whey, Stabilizer (Mono & Diglycerides, Guar Gum, Cellulose Gum, Carrageenan), Natural and Artificial Vanilla Flavor. CONTAINS: MILK
Insulated Cup-Chocolate Ice Cream	4 fl.oz.	67g	140	60	7g	4.5g	0g	30mg	45mg	16g	<1g	11g	-	2g	6	0	8	2	^	^	^	^	YES	^	^	^	INGREDIENTS:Ice Cream:[Milk, cream, Sugar, Corn Syrup, Nonfat Dry Milk, High Fructose Corn Syrup, Cocoa Processed with Alkali, Whey Stabilizer (Mono & Diglycerides, Guar Gum, Cellulose Gum, Carrageenan)]. CONTAINS: MILK
Insulated Cup-Strawberry Ice Cream	4 fl.oz.	67g	140	60	7g	4g	0g	25mg	45mg	17g	0g	13g	-	2g	4	0	6	2	^	^	^	^	YES	^	^	^	INGREDIENTS:Ice Cream:Milk, Cream, Sugar, Corn Syrup, Nonfat Dry Milk, High Fructose Corn Syrup, Strawberry Puree [Corn Syrup, Strawberries, Water, Modified Corn Starch, Natural Flavor, Citric Acid, Certified Food Color (FD&C Red #40)], Whey, Stabilizer (Mono & Diglycerides, Guar Gum, Cellulose Gum, Carrageenan), Natural and Artificial Strawberry Flavor, Citric Acid. CONTAINS: MILK
Insulated Cup-Vanilla/Chocolate Ice Cream	4 fl.oz.	67g	140	60	7g	4.5g	0g	30mg	45mg	16g	0g	12g	-	2g	6	0	8	3	^	^	^	^	YES	^	^	^	INGREDIENTS:Ice Cream: Milk, Cream, Sugar, Corn Syrup, Nonfat Dry Milk, High Fructose Corn Syrup, Whey, Cocoa Processed with Alkali, Stabilizer (Mono and Diglycerides, Guar Gum, Cellulose Gum, Carrageenan), Natural and Artificial Vanilla Flavor. CONTAINS: MILK
Insulated Cup-FF/NSA Vanilla	4 fl.oz.	70g	70	0	0g	0g	0g	0mg	60mg	16g	3g	5g	2g	3g	6	2	10	0	^	^	^	^	YES	^	^	^	INGREDIENTS:Ice Cream: Skim Milk, Maltodextrin, Polydextrose, Sorbitol, Cocoa Processed with Alkali, Nonfat Dry Milk, Whey Powder, Stabilizer (Guar Gum, Mono & Diglycerides, Xanthan Gum, Polysorbate 80, Carrageenan, Dextrose), Sucralose, Vitamin A Palmitate. Contains: Milk
Insulated Cup-FF/NSA Chocolate	4 fl.oz.	70g	70	0	0g	0g	0g	0mg	50mg	17g	4g	4g	2g	3g	6	2	10	0	^	^	^	^	YES	^	^	^	INGREDIENTS:Ice Cream: Skim Milk, Maltodextrin, Polydextrose, Sorbitol, Cocoa Processed with Alkali, Nonfat Dry Milk, Whey Powder, Stabilizer (Guar Gum, Mono & Diglycerides, Xanthan Gum, Polysorbate 80, Carrageenan, Dextrose), Sucralose, Vitamin A Palmitate. Contains: Milk
Insulated Cup-FF/NSA Cherry Vanilla	4 fl.oz.	70g	70	0	0g	0g	0g	0mg	60mg	16g	3g	5g	2g	3g	6	2	10	0	^	^	^	^	YES	^	^	^	INGREDIENTS:Ice Cream: Skim Milk, Milk, Maltodextrin, Polydextrose, Sorbitol, Nonfat Dry Milk, Whey Powder, Natural and Artificial Cherry Flavor, Natural and Artificial Vanilla Flavor, Stabilizer (Guar Gum, Mono & Diglycerides, Xanthan Gum, Polysorbate 80, Carrageenan, Dextrose), Modified Corn Starch, Certified Food Color (FD&C Red #40), Citric Acid, Sucralose, Vitamin A Palmitate. Contains: Milk
Insulated Cup- Vanilla Yogurt	4 fl.oz.	67mg	100	20	2g	1.5g	0g	10mg	60mg	18g	0g	14g	-	3g	2	0	8	4	^	^	^	^	YES	^	^	^	INGREDIENTS:Ice Cream:Milk, Sugar, Corn Syrup, Nonfat Dry Milk, Whey, Cream, Stabilizer (Mono & Diglycerides, Guar Gum, Locust Bean Gum, Polysorbate 80, Carrageenan), Natural and Artificial Vanilla Flavor. (Contains Live Cultures:Streptococcus Thermophilus, Lactobacillus bulgaricus) CONTAINS: MILK
Insulated Cup- Peach Yogurt	4 fl.oz.	67mg	100	20	2g	1g	0g	10mg	55mg	18g	0g	15g	-	2g	2	0	8	4	^	^	^	^	YES	^	YES	^	INGREDIENTS:Ingredients:Milk, Sugar, Corn Syrup, Nonfat Dry Milk, Whey, Cream, Peach Puree [Peach Puree, Nectarine Puree, Corn Syrup, Water, Modified Corn Starch, Natural Flavor, Certified Food Color (FD&C Red #40)], Stabilizer (Mono & Diglycerides, Guar Gum, Locust Bean Gum, Polysorbate 80, Carrageenan), Natural Peach Flavor [Sugar, Water, Citric Acid Ascorbic Acid, Certified Food Colors (FD&C Yellow #5, Red #40, Yellow #6, Blue #1)], Citric Acid. (Contains Live Cultures: Streptococcus thermophilus, Lactobacillus bulgaricus). CONTAINS: MILK
Insulated Cup- Orange Sherbet	4 fl.oz.	75g	120	15	1.5g	1g	0g	5mg	20mg	25g	0g	18g	-	1g	0	0	4	4	^	^	^	^	YES	^	^	YES	INGREDIENTS:Ingredients:Skim Milk, Water, Sugar, Corn Syrup, High Fructose Corn Syrup, Cream, Stabilizer (Mono & Diglycerides, Guar Gum, Cellulose Gum, Carrageenan), Natural Orange Flavor (Water, Modified Corn Starch, Sodium Citrate, Citric Acid, Certified Food Color (FD&C Yellow #6), Xanthan Gum), Natural Flavor, Acacia Gum, Citric Acid. CONTAINS: MILK



JACK & JILL NUTRITION & ALLERGENS -- 2010

ITEM	ALLERGENS																				FD&C YELLOW		INGREDIENTS				
	Calories										VITAMIN										#5	#6					
	Size	Serv g	Per	Calorie	Tot	Sat	Trans	Sodium	Potass	Dietary	Sugar	VITAMIN A	VITAMIN C	Calcium	Iron	PEA	TREE	EGGS									
		Serv	Fr	Fat	Fat	Fat	choles		Carb	Fiber	Suga	Alcoh	Protei	% D	% D	% DV	% DV	GLUTEN	NUTS	NUTS	SOY	MILK	EGGS				
NOVELTY ITEMS: Insulated Cup-Lemon Lime Sherbet	4 fl.oz.	75g	120	15	1.5g	1g	0g	5mg	20mg	25g	0g	19g	-	1g	0	0	4	4	^	^	^	^	YES	^	YES	^	INGREDIENTS:Skim Milk, Water, Sugar, Corn Syrup, High Fructose Corn Syrup, Cream, Stabilizer (Mono & Diglycerides, Guar Gum, Cellulose Gum, Carrageenan), Natural Lemon Flavor [Water, Sugar, Citric Acid, Xanthan Gum, Certified Food Color (FD&C Yellow #5)], Natural Lime Flavor [Water, Sugar, Citric Acid, Modified Corn Starch, Certified Food Colors (FD&C Yellow #5, Blue #1), Xanthan Gum], Citric Acid CONTAINS: MILK
Insulated Cup-Orange Water Ice	4 fl.oz.	102g	110	0	0g	0g	0g	0mg	0mg	27g	0g	23g	-	0g	0	0	0	0	^	^	^	^	^	^	^	^	INGREDIENTS:Ingredients: Water, Sugar, Corn Syrup, Guar Gum, Dextrose, Natural Orange Flavor [Water, Modified Corn Starch, Sodium Citrate, Citric Acid, Certified Food Color (FD&C Yellow #6), Citric Acid.
Insulated Cup-Lemon Water Ice	4 fl.oz.	102g	110	0	0g	0g	0g	0mg	0mg	27g	0g	23g	-	0g	0	0	0	0	^	^	^	^	^	^	^	^	INGREDIENTS: Water, Sugar, Corn Syrup, Guar Gum, Dextrose, Natural Lemon Flavor [Water, Sugar, Citric Acid, Xanthan Gum, Certified Food Color (FD&C Yellow #5), Citric Acid.
Insulated Cup-Raspberry Water Ice	4 fl.oz.	102g	110	0	0g	0g	0g	0mg	0mg	27g	0g	23g	-	0g	0	0	0	0	^	^	^	^	^	^	^	^	INGREDIENTS:Water, Sugar, Corn Syrup, Guar Gum, Dextrose, Natural Raspberry Flavor, Certified Food Colors (FD&C Red #40, Blue #1), Citric Acid.
Insulated Cup-Lactose Free Vanilla	4 fl.oz.	70g	80	45	5g	3g	0g	15mg	55mg	11g	3g	4g	2g	2g	4	0	6	0	^	^	^	^	YES	^	^	^	INGREDIENTS: Ice Cream: Milk, Cream, Polydextrose, Maltodextrin, Sorbitol, Guar Gum, Mono & Diglycerides, Xanthan Gum, Polysorbate 80, Carrageenan, Lactase Enzyme, Sucralose. Contains: Milk
Insulated Cup-Lactose Free Chocolate	4 fl.oz.	70	80	45	5g	3g	0g	15mg	30mg	10g	3g	4g	2g	2g	4	0	6	0	^	^	^	^	YES	^	^	^	INGREDIENTS: Ice Cream: Milk, Cream, Polydextrose, Maltodextrin, Sorbitol, Chocolate Base (Cocoa Processed with Alkali, Sugar, Salt, Carrageenan, Vanilla Flavor), Stabilizer (Guar Gum, Mono & Diglycerides, Xanthan Gum, Polysorbate 80, Carrageenan,) Lactase Enzyme, Sucralose. Natural and Artificial Vanilla Flavor. Contains: Milk
Fudge Bar	2.5fl.oz.	73g	100	15	1.5g	1g	0g	5mg	80mg	20g	1g	18g	-	3g	0	0	10	4	^	^	^	^	YES	^	^	^	INGREDIENTS: MILK, LIQUID SUGAR, CORN SYRUP, SKIM MILK, BUTTERMILK, WATER, WHEY, COCOA (PROCESSED WITH ALKALI), FOOD STARCH, GUAR GUM, CARRAGEENAN CONTAINS MILK
NSA Fudge Bar	2.5fl. Oz.	73g	90	15	1.5g	1g	0g	5mg	80mg	20g	4g	6g	4g	3g	6	0	10	4	^	^	^	^	YES	^	^	^	INGREDIENTS: MILK, SKIM MILK, WATER, MALTODEXTRIN, WHEY, SORBITOL, POLYDEXTROSE, COCOA (PROCESSED WITH ALKALI), FOOD STARCH, GUAR GUM, CARRAGEENAN, SUCRALOSE, VITAMIN A PALMITATE CONTAINS MILK
Orange Cream Stix	3 fl.oz.	59g	100	30	3g	2g	0g	10mg	25mg	16g	0g	15g	-	1g	2	10	6	0	^	^	^	^	YES	^	YES	YES	INGREDIENTS: MILK, LIQUID SUGAR, CORN SYRUP, WATER, CREAM, SKIM MILK, BUTTERMILK, MILKFAT, WHEY, ORANGE PUREE (WATER, CONCENTRATED ORANGE JUICE, ORANGE PULP, NATURAL FLAVORS, CITRIC ACID), CITRIC ACID, MONO- AND DIGLYCERIDES, METHYL CELLULOSE, GUAR GUM, LOCUST BEAN GUM, CALCIUM SULFATE, CELLULOSE GUM, CARRAGEENAN, DEXTROSE, NATURAL FLAVOR, ASCORBIC ACID, RED 40, YELLOW 5, YELLOW 6 CONTAINS MILK



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ALLERGENS

ITEM	Size	Calories							Sodium	Potass	Dietary Carb	Fiber	Sugar	VITAMIN				PEA	TREE	EGGS	#5	#6	INGREDIENTS				
		Serv/g	Per	Calorie	Tot	Sat	Trans	choles						A	C	Calcium	Iron							% DV	% DV	% DV	% DV
NOVELTY ITEMS: Deluxe Ice Cream Bar	3 fl.oz.	55g	170	100	12g	9g	0g	15mg	40mg	14g	0g	13g	-	2g	4	0	6	0	^	^	^	YES	YES	^	^	^	INGREDIENTS: MILK, CHOCOLATE FLAVORED COATING [COCONUT OIL, SUGAR, COCOA, WHEY, COCOA (PROCESSED WITH ALKALI), SOY LECITHIN, NATURAL FLAVOR], CREAM, CORN SYRUP, LIQUID SUGAR, SKIM MILK, BUTTERMILK, MILKFAT, WATER, WHEY, VANILLA EXTRACT, MONO- AND DIGLYCERIDES, GUAR GUM, CALCIUM SULFATE, LOCUST BEAN GUM, CELLULOSE GUM, CARRAGEENAN, DEXTROSE CONTAINS MILK AND SOY
Toasted Almond Bar	3.5fl oz	65g	200	110	13g	5g	.5g	20mg	35mg	20g	0g	18g	-	2g	4	0	6	0	^	^	^	YES	YES	^	^	^	INGREDIENTS: MILK, MACAROON CRUNCH (SUGAR, YELLOW CORN FLOUR, PARTIALLY HYDROGENATED COTTONSEED AND/OR SOYBEAN OILS, CARAMEL COLOR, ARTIFICIAL FLAVORS), CREAM, WHITE COATING (SOYBEAN OIL, PALM OIL, COCONUT OIL, SOY LECITHIN, ARTIFICIAL VANILLA FLAVOR, CITRIC ACID), CORN SYRUP, LIQUID SUGAR, SKIM MILK, BUTTERMILK, MILKFAT, WHEY, WATER, VANILLA EXTRACT, MONO - AND DIGLYCERIDES, GUAR GUM, CALCIUM SULFATE, LOCUST BEAN GUM, CELLULOSE GUM, CARRAGEENAN, DEXTROSE, ANNATTO COLOR CONTAINS MILK AND SOY
Cherry Slush Bar	2.5fl. Oz.	80g	70	0	0	0	0	0	10mg	18g	0	17g	0	0	80	0	0	0	^	^	^	^	*	^	^	^	INGREDIENTS: WATER, LIQUID SUGAR, CORN SYRUP, CITRIC ACID, ARTIFICIAL FLAVOR, ASCORBIC ACID, GUAR GUM, CAROB BEAN GUM, CARRAGEENAN, DEXTROSE, SALT, RED 40
Chocolate Éclair Bar	3.5 fl. Oz.	70g	180	90	10g	4.5g	0g	15mg	95mg	22g	1g	16g	-	2g	2	0	6	2	YES	^	^	YES	YES	^	^	^	INGREDIENTS: MILK, WATER, LIQUID SUGAR, CRUNCH(BLEACHED WHEAT FLOUR,SUGAR, PALM OIL, CARAMEL COLOR, SALT, BAKING SODA, COCOA, ARTIFICIAL FLAVOR, SOY LECITHAN), CORN SYRUP, CREAM, WHITE COATING(SOYBEAN OIL, PALM OIL, COCONUT OIL, SOY LECITHAN, VANILLAN), SKIM MILK, BUTTERMILK, MILKFAT, WHEY, CHOCOLATE FLAVORED COATING (COCONUT OIL, SUGAR, COCOA, WHEY, COCOA [PROCESSED WITH ALKALI], SOY LECITHAN, NATURAL FLAVOR), COCOA (PROCESSED WITH ALKALI), MONO- AND DIGLYCERIDES, LOCUST BEAN GUM, GUAR GUM, CALCIUM SULFATE, CARRAGEENAN, CELLULOSE GUM, MALTODEXTRIN, DEXTROSE, SALT, NATURAL AND ARTIFICIAL FLAVOR. CONTAINS GLUTEN, CONTAINS MILK, SOY, AND WHEAT
Strawberry Shortcake	3.5 fl. Oz.	70g	180	80	9g	4g	0g	15mg	65mg	22g	0g	16g	-	2g	2	0	6	0	YES	^	^	YES	YES	^	^	^	INGREDIENTS: MILK, WATER, CORN SYRUP, CRUNCH(BLEACHED WHEAT FLOUR,SUGAR, PALM OIL, SALT, BAKING SODA, ARTIFICIAL FLAVOR, SOY LECITHIN, RED3), LIQUID SUGAR, CREAM, COATING(SOYBEAN OIL, PALM OIL, COCONUT OIL, SOY LECITHAN, VANILLIN), SKIM MILK, BUTTERMILK, MILKFAT, WHEY, MALTODEXTRIN, ADIPIC ACID, MONO- AND DIGLYCERIDES, LOCUST BEAN GUM, CARRAGEENAN, DEXTROSE, NATURAL AND ARTIFICIAL FLAVORS, RED 40, BLUE 1. CONTAINS GLUTEN, CONTAINS MILK, SOY, AND WHEAT
Large Vanilla/Chocolate Dixie Cup	5 fl. Oz.	84g	170	80	9g	5g	0g	35mg	60mg	20g	0g	15g	-	3g	6	0	8	2	^	^	^	Yes	^	^	^	^	INGREDIENTS:Ice Cream: Milk, Cream, Sugar, Corn Syrup, Nonfat Dry Milk, High Fructose Corn Syrup, Whey, Cocoa Processed with Alkali, Stabilizer (Mono and Diglycerides, Guar Gum, Cellulose Gum, Carrageenan), Natural and Artificial Vanilla Flavor. CONTAINS: MILK
Sundae Cup - Double Fudge	6 fl.oz.	138g	310	80	9g	6g	0g	35mg	240mg	50g	<1g	38g	-	4g	6	0	10	4	^	^	^	^	Yes	^	^	^	INGREDIENTS:Ice Cream:[Milk, Cream, Sugar, Corn Syrup, Nonfat Dry Milk, High Fructose Corn Syrup, Whey, Stabilizer(Mono & Diglycerides, Guar Gum, Cellulose Gum, Carrageenan), Natural and Artificial Vanilla Flavor] Chocolate Sauce:[High Fructose Corn Syrup, Corn Syrup, Water, Cocoa, Modified Corn Starch, Cocoa Processed with Alkali, Corn Starch, Salt, Natural Flavor]. CONTAINS: MILK
Sundae Cup - Strawberry	6 fl.oz.	138g	300	80	9g	6g	0g	35mg	210mg	49g	0g	38g	-	3g	6	2	10	4	^	^	^	^	Yes	^	^	^	INGREDIENTS: Ice Cream:[Milk, Cream, Sugar, Corn Syrup, Nonfat Dry Milk, High Fructose Corn Syrup, Whey, Stabilizer (Mono & Diglycerides, Guar Gum, Cellulose Gum, Carrageenan), Natural and Artificial Vanilla Flavor] Strawberry Sauce:[Corn Syrup, High Fructose Corn Syrup, Water, Sugar, Modified Corn Starch, Natural and Artificial Flavors, Citric Acid, Certified Food Colors (F.D. & C. Red#40, Blue #1). CONTAINS: MILK



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ITEM	ALLERGENS																				INGREDIENTS						
	Calories										VITAMIN											FD&C YELLOW					
	Size	Serv g	Per	Calorie	Tot	Sat	Trans	Sodium	Potass	Dietary	Sugar	VITAMIN A	VITAMIN C	Calcium	Iron	PEA	TREE	#5	#6								
NOVELTY ITEMS: Sundae Cup-Caramel	6 fl.oz.	112g	240	90	10g	6g	0g	35mg	130mg	35g	0	25g	3g	6	0	10	2	^	^	^	^	YES	^	^	^	^	INGREDIENTS: MILK, CARAMEL RIPPLE [CORN SYRUP, WATER, SWEETENED CONDENSED SKIM MILK, MODIFIED CORN STARCH, BUTTER, SUGAR, SALT, SODIUM ALGINATE, NATURAL AND ARTIFICIAL FLAVORS, MONO AND DIGLYCERIDES], CREAM, SUGAR, CORN SYRUP, NONFAT DRY MILK, HIGH FRUCTOSE CORN SYRUP, WHEY, STABILIZER (MONO AND DIGLYCERIDES, GUAR GUM, CELLULOSE GUM, CARRAGEENAN), NATURAL AND ARTIFICIAL VANILLA FLAVOR) CONTAINS MILK
Giant Vanilla Sandwich	6 fl.oz.	104g	250	90	10g	5g	0g	35mg	150mg	35g	0g	20g	5g	6	0	6	2	YES	^	^	YES	YES	^	^	^	^	INGREDIENTS:Ice Cream:[Milk, Cream, Sugar, Corn Syrup, Nonfat Dry Milk, High Fructose Corn Syrup, Whey, Stabilizer (Mono & Diglycerides, Guar Gum, Cellulose Gum, Carrageenan), Natural and Artificial Vanilla Flavor], Wafer Ingredients: Wheat Flour, Sugar, High Fructose Corn Syrup, Shortening (Partially Hydrogenated Soybean Oil), Caramel Color, Soy Flour, Corn Starch, Baking Soda, Soy Lecithin, Cocoa, Salt, Vanilla. CONTAINS: MILK, WHEAT, SOY
Vanilla Ice Cream Sandwich	4 fl.oz.	70g	180	60	7g	4g	0g	20mg	35mg	27g	0g	14g	4g	4	0	6	2	Yes	^	^	Yes	Yes	^	^	^	^	INGREDIENTS:Ice Cream: Milk Fat, Nonfat Milk, Cane Sugar, Corn Syrup, High Fructose Corn Syrup, Whey, Mono And Diglycerides, Guar Gum, Vanilla Extract, Cellulose Gum And Carrageenan. Wafer Ingredients: Wheat Flour, Sugar, High Fructose Corn Syrup, Shortening (Partially Hydrogenated Soybean Oil), Caramel Color, Soy Flour, Corn Starch, Baking Soda, Lecithin, Cocoa, Salt, Vanilla Flavor.
Reduced Fat Cookies & Cream Cone	4 fl.oz.	82g	180	35	3.5g	2g	0g	10mg	110 mg	33g	<1g	15g	4g	6	0	8	4	YES	^	^	YES	YES	^	^	^	^	INGREDIENTS: Ice Cream:[Milk, Sugar, Corn Syrup, Maltodextrn, High Fructose Corn Syrup, Cream, Whey, Nonfat Dry Milk, Stabilizer (Mono & Diglycerides, Cellulose Gum, Guar Gum, Polysorbate 80, Carrageenan), Natural and Artificial Vanilla Flavor, Vitamin A Palmitate]. Cone: (Wheat, Flour, Multidextrin, Partially Hydrogenated Soybean Oil, Salt, Natural & Artificial Flavors, Caramel Color, Soy Lecithin, Sucralose (Splenda brand), Cookie Crunch:(Bleached Wheat Flour, Sugar, Cocoa processed with alkali, Corn Flour, Corn Syrup, Partially Hydrogenated Soybean Oil, Natural & Artificial Flavor, Baking Soda, Salt, Soy Lecithin), Chocolate Flavor Coating (Coconut Oil, Sugar, Cocoa, Whey Powder, Cocoa Processed with Alkali, Soy Lecithin, Natural Flavor). CONTAINS: MILK,WHEAT,SOY
Vanilla Ice Cream Cone	4 fl.oz.	68g	180	70	8g	5g	0g	20mg	80mg	24g	<1g	14g	3g	4	0	6	2	Yes	^	^	Yes	Yes	^	^	^	^	INGREDIENTS: Ice Cream: [Milk, Cream, Sugar, Corn Syrup, Nonfat Dry Milk, High Fructose Corn Syrup, Whey, Stabilizer (Mono & Diglycerides, Guar Gum, Cellulose Gum, Carrageenan), Natural and Artificial Vanilla Flavor]. Cone: [Bleached Wheat Flour, Sugar, Molasses, Soybean Oil, Salt, Soy Lecithin, Caramel Color]. Chocolate Flavored Coating: [Coconut Oil, Sugar, Cocoa, Whey, Cocoa Processed With Alkali, Soy Lecithin, Vanilla]. CONTAINS: MILK, WHEAT, SOY
Chocolate Ice Cream Cone	4 fl.oz.	68g	180	70	8g	5g	0g	20mg	75mg	24g	<1g	14g	3g	4	0	6	2	Yes	^	^	Yes	Yes	^	^	^	^	INGREDIENTS:Ice Cream: [Milk, Cream, Sugar, Corn Syrup, Nonfat Dry Milk, High Fructose Corn Syrup, Cocoa Processed with Alkali, Whey, Stabilizer (Mono & Diglycerides, Guar Gum, Cellulose Gum, Carrageenan)]. Cone: [Bleached Wheat Flour, Sugar, Molasses, Soybean Oil, Salt, Soy Lecithin, Caramel Color]. Chocolate Flavored Coating: [Coconut Oil, Sugar, Cocoa, Whey, Cocoa Processed With Alkali, Soy Lecithin, Vanilla]. CONTAINS: MILK, WHEAT, SOY
Nut Cone	4 fl.oz.	72g	230	110	12g	7g	0g	20mg	75mg	25g	<1g	15g	4g	4	0	6	2	Yes	Yes	^	Yes	Yes	^	^	^	^	INGREDIENTS: Ice Cream:[Milk, Cream, Sugar, Corn Syrup, Nonfat Dry Milk, High Fructose Corn Syrup, Whey, Stabilizer (Mono & Diglycerides, Guar Gum, Cellulose Gum, Carrageenan), Natural and Artificial Vanilla Flavor]. Cone: [Bleached Wheat Flour, Sugar, Molasses, Soybean Oil, Salt, Soy Lecithin, Caramel Color]. ChocolateFlavored Coating: [Coconut Oil, Sugar, Cocoa, Whey, Cocoa Processed With Alkali, Soy Lecithin, Vanilla]. Peanuts: [Roasted in Soybean and/or Cottonseed Oil, Salt]. CONTAINS: MILK, WHEAT, SOY, PEANUTS



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ITEM	ALLERGENS																		FD&C YELLOW		INGREDIENTS							
	Calories										Dietary				SUGAR				VITAMIN				PEA TREE		EGGS			
	Size	Serv	Per	Calorie	Tot	Sat	Trans	choles	Sodium	Potass	Carb	Fiber	Suga	Alcoh	Protei	% D	% D	% DV	% DV	GLUTEN		NUTS	NUTS	SOY	MILK	EGGS	#5	#6
NOVELTY ITEMS: Jimmy Swirl Cone	4 fl.oz.	72	200	70	8g	5g	0g	20mg	95mg		29g	<1g	17g	-	3g	4	0	6	2	Yes	^	^	Yes	Yes	^	^	^	INGREDIENTS:[Milk, Cream, Sugar, Corn Syrup, Nonfat Dry Milk, High Fructose Corn Syrup, Whey, Stabilizer (Mono & Diglycerides, Guar Gum, Cellulose Gum, Carrageenan), Natural and Artificial Vanilla Flavor], Cone [Bleached Wheat Flour, Sugar, Molasses, Soybean Oil, Salt, Soy Lecithin, Caramel Color], Chocolate Sauce [High Fructose Corn Syrup, Corn Syrup, Water, Cocoa, Modified Corn Starch, Cocoa Processed with Alkali, Corn Starch, Salt, Natural Flavor]. Sprinkles [Sugar, Corn Starch, Partially Hydrogenated Soybean and/or Cottonseed Oil, Cocoa Processed with Alkali, Dextrin, Soy Lecithin, Confectioner's Glaze, Natural and Artificial Flavors, Carnauba Wax], Chocolate Flavored Coating [Coconut Oil, Sugar, Cocoa, Whey, Cocoa Processed with Alkali, Soy Lecithin, Vanilla]. CONTAINS: MILK, WHEAT, SOY
Reduced Fat Vanilla Ice Cream Sandwich	4 fl.oz.	70g	160	35	4g	1g	0g	10mg	150mg		28g	0g	15g		4g	8	0	8	2	Yes	^	^	Yes	Yes	^	^	^	INGREDIENTS:Ice Cream:[Milk, Sugar, Corn Syrup, High Fructose Corn Syrup, Cream, Whey, Nonfat Dry Milk, Stabilizer (Mono & Diglycerides, Cellulose Gum, Guar Gum, Polysorbate 80, Carrageenan), Natural and Artificial Vanilla Flavor, Vitamin A Palmitate]. Wafer Ingredients: (Wheat Flour, Sugar, High Fructose Corn Syrup, (Partially Hydrogenated Soybean Oil), Caramel Color, Soy Flour, Corn Starch, Baking Soda, Soy Lecithin, Cocoa, Salt, Vanilla). CONTAINS: MILK, WHEAT, SOY
Reduced Fat Chocolate Éclair	3 fl.oz.	60g	140	45	5g	1.5g	0g	0mg	65mg		21g	0g	15g	-	2g	4	0	6	0	YES	^	^	YES	YES	^	^	^	INGREDIENTS: SKIM MILK, WATER, LIQUID SUGAR, CRUNCH (BLEACHED WHEAT FLOUR, SUGAR, PALM OIL, CARAMEL COLOR, SALT, BAKING SODA, COCOA, ARTIFICIAL FLAVOR, SOY LECITHIN), CORN SYRUP, COATING (SOYBEAN OIL, PALM OIL, COCONUT OIL, SOY LECITHIN, VANILLIN), MALTODEXTRIN, COCOA (PROCESSED WITH ALKALI), WHEY, MONO- AND DIGLYCERIDES, LOCUST BEAN GUM, PROPYLENE GLYCOL MONOESTERS, GUAR GUM, CARRAGEENAN, CELLULOSE GUM, SALT, VANILLA EXTRACT, VITAMIN A PALMITATE CONTAINS GLUTEN, CONTAINS MILK, SOY AND WHEAT
Reduced Fat Strawberry Shortcake	3 fl.oz.	60g	140	45	5g	1.5g	0g	0mg	40mg		21g	0g	15g	-	2g	4	0	6	0	YES	^	^	YES	YES	^	^	^	INGREDIENTS: SKIM MILK, WATER, LIQUID SUGAR, CRUNCH (BLEACHED WHEAT FLOUR, SUGAR, PALM OIL, SALT, BAKING SODA, COCOA, ARTIFICIAL FLAVOR, SOY LECITHIN, RED 3), CORN SYRUP, COATING (SOYBEAN OIL, PALM OIL, COCONUT OIL, SOY LECITHIN, VANILLIN), MALTODEXTRIN, WHEY, ADIPIC ACID, MONO - AND DIGLYCERIDES, PROPYLENE GLYCOL MONOESTERS, LOCUST BEAN GUM, GUAR GUM, CELLULOSE GUM, CARRAGEENAN, NATURAL FLAVORS, RED 40, VITAMIN A PALMITATE CONTAINS GLUTEN, CONTAINS MILK, SOY, AND WHEAT
3oz Reduced Fat Cotton Candy Cup	3 fl.oz.	51g	90	15	2g	1g	0g	10mg	55mg		15g	0g	10g	-	2g	8	0	6	2	^	^	^	^	YES	^	^	YES MILK	CONTAINS: MILK
3oz Reduced Fat Cotton Candy Push-Up	3 fl.oz.	51g	90	15	2g	1g	0g	10mg	55mg		14g	0g	10g	-	2g	8	0	6	2	^	^	^	^	YES	^	^	YES MILK	CONTAINS: MILK



JACK & JILL NUTRITION & ALLERGENS -- 2010

ALLERGENS

ITEM	Size	Calories							Sodium	Potass	Dietary				Sugar				VITAMIN				PEA- TREE				FD&C YELLOW		INGREDIENTS
		Serv g	Per	Calorie	Tot	Sat	Trans																						
		Size	Servin	Fr	Fat	Fat	choles			Carb	Fiber	Suga	Alcoh	Protei	% D1	% D1	% DV	% DV	% DV	% DV	GLUTEN	NUTS	NUTS	SOY	MILK	EGGS			
NOVELTY ITEMS: 3oz Reduced Fat Sundae Cup - Strawberry	3 fl.oz.	51g	90	15	1.5g	1g	0g	5mg	55mg	16g	0g	11g	-	2g	8	0	6	2		^	^	^	^	YES	^	^	^	^	INGREDIENTS: Ice Cream:Milk, Cream, Strawberry Sauce (Corn Syrup, High Fructose Corn Syrup, Water, Sugar, Modified Corn Starch, Sugar, Natural and Artificial Flavors, Citric Acid, Certified Food Colors (FD&C Red #40, Blue #1), Corn Syrup, Sugar, Nonfat Dry Milk, High Fructose Corn Syrup, Whey, Stabilizer (Mono & Diglycerides, Guar Gum, Cellulose Gum, Carrageenan), Natural and Artificial Vanilla Flavor. CONTAINS: MILK
3oz Reduced Fat Sundae Cup - Fudge	3 fl.oz.	51g	90	15	2g	1g	0g	5mg	60mg	17g	0g	11g	-	2g	8	0	6	2		^	^	^	^	YES	^	^	^	INGREDIENTS: Ice Cream:Milk, Cream, Fudge Sauce (Corn Syrup, High Fructose Corn Syrup, Water, Sugar, Cocoa Processed with Alkali, Modified Corn Starch, Cocoa, Salt, Sodium Bisulfate, Artificial Vanilla Flavor), Corn Syrup, Sugar, Nonfat Dry Milk, High Fructose Corn Syrup, Whey, Stabilizer (Mono & Diglycerides, Guar Gum, Cellulose Gum, Carrageenan), Natural and Artificial Vanilla Flavor. CONTAINS: MILK	
3oz Reduced Fat Vanilla Fudge Push Up	3 fl.oz.	51g	90	15	2g	1g	0g	5mg	60mg	17g	0g	11g	-	2g	8	0	6	2		^	^	^	^	YES	^	^	^	INGREDIENTS: Ice Cream:Milk, Cream, Fudge Sauce (Corn Syrup, High Fructose Corn Syrup, Water, Sugar, Cocoa Processed with Alkali, Modified Corn Starch, Cocoa, Salt, Sodium Bisulfate, Artificial Vanilla Flavor), Corn Syrup, Sugar, Nonfat Dry Milk, High Fructose Corn Syrup, Whey, Stabilizer (Mono & Diglycerides, Guar Gum, Cellulose Gum, Carrageenan), Natural and Artificial Vanilla Flavor. CONTAINS: MILK	
3.75oz. Natural Cherry Juice-Up	3.75 fl. oz.	77g	100	0	0g	0g	0mg	0m		24g	0g	15g	-	0g	0	10	0	0		^	^	^	^	^	^	^	^	INGREDIENTS: Water Ice [Water, Sugar, Corn Syrup, Guar Gum, Dextrose], Apple Juice Concentrate, Natural Cherry Flavor, Red Beet Extract (Color), Citric Acid, Ascorbic Acid (Vitamin C)	
Reduced Fat Small Vanilla/Chocolate Dixie Cup	3 fl.oz.	51g	90	15	2g	1g	0g	10mg	65mg	14g	0g	10g	-	2g	8	0	6	2		^	^	^	^	Yes	^	^	^	INGREDIENTS: Ice Cream:[Milk, Cream, Sugar, Corn Syrup, Nonfat Dry Milk, High Fructose Corn Syrup, Whey, Stabilizer, (Mono & Diglycerides, Guar Gum, Cellulose Gum, Carrageenan), Natural and Artificial Vanilla Flavor]. Wafer Ingredients:[Wheat Flour, High Fructose Corn Syrup, Shortening (Partially Hydrogenated Soybean Oil), Caramel Color, Soy Flour, Baking Soda, Soy Lecithin, Cocoa, Corn Starch, Salt, Natural Flavors]. CONTAINS: MILK, WHEAT, SOY	
Mini Reduced Fat Ice Cream Sandwich	2.75fl.oz.	50g	120	25	2.5g	1g	0g	5mg	115mg	21g	0g	10g	-	2g	6	0	4	0		Yes	^	^	Yes	Yes	^	^	^	INGREDIENTS Ice Cream [Milk, Cream, Sugar, Corn Syrup, Nonfat Dry Milk, High Fructose Corn Syrup, Whey, Stabilizer (Mono & Dyglycerides, Guar Gum, Cellulose Gum, Carrageenan), Natural and Artificial Vanilla Flavor] Chocolate Sandwich Wafers [Wheat Flour, High Fructose Corn Syrup, Shortening	
Orange Juice Sherbet Push-Up	3 fl. Oz.	56g	90	5	1g	0	0g	5mg	15mg	21g	0g	10g	1g	0	10	4	2		^	^	^	^	Yes	^	^	Yes	INGREDIENTS:Skim Milk, Water, Sugar, Apple Juice Concentrate, Corn Syrup, High Fructose Corn Syrup, Cream, Stabilizer (Mono & Diglycerides, Guar Gum, Cellulose Gum, Carrageenan), Natural Orange Flavor (Water, Modified Corn Starch, Sodium Citrate, Citric Acid, Certified Food Color (FD&C Yellow #6), Xanthan Gum), Citric Acid, Natural Orange Flavor, Acacia Gum, Ascorbic Acid (Vitamin C). CONTAINS: MILK		
Screwball	3.75fl. Oz.	80g	100	0	0	0	0	0	75mg	29g	0g	25g	0	0	0	0	0	0									YES	YES	INGREDIENTS: Water Ice [Water, Sugar, Corn Syrup, Guar Gum, Dextrose], Apple Juice Concentrate, Gumball [Sugar, Dextrose, Corn Syrup, Gum Base, Corn Starch, Natural and Artificial Flavors, Resinous Glaze, Glycerin, Tapioca Dextrin, Carnuba Wax, Certified Food Colors (FD& C Yellow #5, Yellow #6, Blue #1), BHT (preservative)], Citric Acid, Artificial Cherry Flavor [Water, Propylene Glycol, Tragacanth Gum, Citric Acid, Certified Food Colors (FD& C Red #40, Blue #1)].
Chocolate Chip Cookie Sandwich	4.5 fl.oz.	93g	310	130	15g	8g	0g	15mg	200mg	45g	2g	27g	^	3g	4	0	4	8		YES	^	^	Yes	Yes	^	^	^	INGREDIENTS: Ice Cream: Milk, Cream, Sugar, Corn Syrup, Fructose, Nonfat Dry Milk, Whey, Mono & Diglycerides, Guar Gum, Locust Bean Gum, Polysorbate 80, Natural and Artificial Flavor, Carrageenan. Cookie: Bleached Wheat Flour, Sugar, Palm Oil, Chocolate Chips (Sugar, Chocolate Liquor, Cocoa Butter, Anhydrous Dextrose, Soy Lecithin, Salt, Natural Vanilla), Corn Syrup, Baking Soda, Salt, Molasses, Natural and Artificial Flavors, Soy Lecithin, Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate). Chocolate Chips: Sugar, Chocolate Liquor, Cocoa Butter, Dextrose, Soy Lecithin, Artificial Flavor. Contains Wheat, Milk and Soy	



JACK & JILL NUTRITION & ALLERGENS -- 2010

ITEM	ALLERGENS																												FD&C YELLOW	INGREDIENTS		
	Calories										Dietary										VITAMIN										PEA- TREE	
	Size	Serv g	Per	Calorie	Tot	Sat	Trans				Sodium	Potass	Carb	Fiber	Suga	Alcoh	Protei	% D1	% D1	% DV	% DV	% DV	% DV	% DV	% DV	% DV	% DV	% DV			% DV	#5
JACK & JILL 3 GAL BULK ICE CREAM: BLUEBERRY CHEESECAKE	3 GAL	66g	150	60	7g	4g	0g	25mg	60mg		20g	0g	13g	-	2	4	0	6	2	Yes	^	^	Yes	Yes	^	^	^	^	^	^	^	INGREDIENTS: MILK, CREAM, CORN SYRUP, BLUEBERRY PUREE (CORN SYRUP, BLUEBERRIES, SUGAR, WATER, MODIFIED CORN STARCH, CITRIC ACID, NATURAL FLAVOR, F, D, & C, RED NO. 40, F, D, & C, BLUE NO.1), SUGAR, GRAHAM CRUNCH (SUGAR, BLEACHED WHEAT FLOUR, PARTIALLY HYDROGENATED COTTONSEED AND SOYBEAN OIL, WHOLE WHEAT FLOUR, SALT, MOLASSES, CINNAMON, SODIUM BICARBONATE, CARAMEL COLOR, SOY LECITHIN, NATURAL FLAVOR), CHEESECAKE BASE (CORN SYRUP, WATER, HIGH FRUCTOSE CORN SYRUP, CREAM CHEESE POWDER [CREAM CHEESE, MILK, CULTURE, SALT, CAROB BEAN GUM, ENZYME, NONFAT MILK], MODIFIED CORN STARCH, CITRIC ACID, SALT, SUGAR, XANTHAN GUM, NATURAL AND ARTIFICIAL FLAVORS), HIGH FRUCTOSE CORN SYRUP, WHEY, NONFAT MILK, MONO AND DIGLYCERIDES, GUAR GUM, CARBOXYMETHYLCELLULOSE GUM, POLYSORBATE 80, CARRAGEENAN CONTAINS MILK, SOY, AND WHEAT
BUBBLE GUM	3 GAL	66g	150	60	7g	4.5g	0g	25mg	40mg	60mg	19g	0g	14g	-	2g	6	0	6	2	^	^	^	^	Yes	^	Yes	Yes	^	^	^	INGREDIENTS: MILK, CREAM, CORN SYRUP, SUGAR, BUBBLE GUM (SUGAR, DEXTROSE, CORN SYRUP, GUM BASE, TAPIOCA DEXTRIN, TITANIUM DIOXIDE, CONFECTIONERS GLAZE, CARNAUBA WAX, CORN STARCH, F, D, & C, RED NO. 40, F, D, & C, BLUE NO. 1, F, D, & C, YELLOW NO. 5, F, D, & C, YELLOW NO. 6, F, D, & C, RED NO. 3, ARTIFICIAL FLAVORS), HIGH FRUCTOSE CORN SYRUP, WHEY, NONFAT MILK, MONO AND DIGLYCERIDES, ARTIFICIAL FLAVOR, GUAR GUM, CARBOXYMETHYLCELLULOSE GUM, POLYSORBATE 80, CARRAGEENAN, F, D, & C, RED NO. 40 CONTAINS MILK	
BUTTER ALMOND	3 GAL	66g	160	80	9g	4.5g	0g	25mg	55mg	90mg	16g	<1g	11g	-	3g	6	0	8	2	^	^	Yes	^	Yes	^	^	^	^	^	INGREDIENTS: MILK, CREAM, CORN SYRUP, SUGAR, BUTTERED ALMONDS (ALMONDS, COTTONSEED OIL, BUTTER [CREAM, SALT], SALT), HIGH FRUCTOSE CORN SYRUP, WHEY, NONFAT MILK, NATURAL FLAVOR, MONO AND DYGLYCERIDES, GUAR GUM, CARBOXYMETHYLCELLULOSE GUM, POLYSORBATE 80, CARRAGEENAN, CARAMEL COLOR CONTAINS MILK AND ALMONDS		
BUTTER BRICKLE	3 GAL	66g	150	60	7g	4.5g	0g	25mg	80mg	60mg	19g	0g	14g	-	2g	6	0	6	2	^	^	^	Yes	Yes	^	^	^	^	^	INGREDIENTS: MILK, CREAM, CORN SYRUP, SUGAR, BUTTER CRUNCHETTES (SUGAR, CORN SYRUP, BUTTER [CREAM, SALT], BROWN SUGAR, SALT, SOY LECITHIN, VANILLA), HIGH FRUCTOSE CORN SYRUP, WHEY, NONFAT MILK, MONO AND DYGLYCERIDES, GUAR GUM, CARBOXYMETHYLCELLULOSE GUM, NATURAL FLAVOR, VANILLA, ARTIFICIAL FLAVOR, POLYSORBATE 80, CARRAGEENAN, CARAMEL COLOR CONTAINS MILK AND SOY		
BUTTER PECAN	3 GAL	66g	180	90	10g	4.5g	0g	25mg	60mg	80mg	16g	0g	11g	-	2g	6	0	6	2	^	^	Yes	^	Yes	^	^	^	^	^	INGREDIENTS: MILK, CREAM, CORN SYRUP, SUGAR, BUTTERED PECANS (PECANS, COTTONSEED OIL, BUTTER [CREAM, SALT], SALT), HIGH FRUCTOSE, WHEY, NONFAT MILK, NATURAL FLAVOR, MOLASSES, MONO AND DIGLYCERIDES, GUAR GUM, CARBOXYMETHYLCELLULOSE GUM, POLYSORBATE 80, CARRAGEENAN, CARAMEL COLOR (BURNT CORN SUGARS), CONTAINS MILK AND PECANS		
BUTTER PECAN NSA/RF	3 GAL	66g	110	70	7g	3g	0g	15mg	50mg	90mg	14g	4g	3g	-	2g	6	0	6	0	^	^	Yes	^	Yes	^	^	^	^	^	INGREDIENTS: MILK, CREAM, MALTODEXTRIN, BUTTERED PECANS (PECANS, COTTONSEED OIL, BUTTER [CREAM, SALT], SALT), POLYDEXTROSE, SORBITOL, WHEY, NONFAT MILK, BUTTER PECAN FLAVOR (NATURAL FLAVOR, SALT, MOLASSES, CARAMEL COLOR), MICROCRYSTALLINE CELLULOSE, MONO AND DIGLYCERIDES, CELLULOSE GUM, GUAR GUM, CARRAGEENAN, CARAMEL COLOR (BURNT CORN SUGARS), SUCRALOSE, VITAMIN A PALMITATE CONTAINS MILK AND PECANS		
CARAMEL CARIBOU	3 GAL	66g	150	70	8g	5g	0g	25mg	75mg	^	20mg	0g	15g	-	2g	4	0	6	2	^	^	Yes	Yes	Yes	^	^	^	^	^	INGREDIENTS: MILK, CREAM, CORN SYRUP, CARAMEL VARIEGATE (HIGH FRUCTOSE CORN SYRUP, WATER, SWEETENED CONDENSED MILK [CONDENSED FAT FREE MILK, SUGAR], BUTTER, MODIFIED CORN STARCH, SALT, ARTIFICIAL FLAVOR, DISODIUM PHOSPHATE, CARRAGEENAN, CARAMEL COLOR), SUGAR, CARAMEL CUPS (SUGAR, COCONUT OIL, SWEETENED CONDENSED MILK [MILK, SUGAR], NONFAT MILK, WHOLE MILK, COCOA PROCESSED WITH ALKALI, HEAVY CREAM, BUTTER [CREAM, SALT], PALM KERNEL OIL, SOY LECITHIN, NATURAL AND ARTIFICIAL FLAVORS, SALT, VANILLIN), HIGH FRUCTOSE CORN SYRUP, WHEY, NONFAT MILK, MONO AND DIGLYCERIDES, GUAR GUM, CARBOXYMETHYLCELLULOSE GUM, TOFFEE FLAVOR (NATURAL AND ARTIFICIAL FLAVORS, CARAMEL COLOR), POLYSORBATE 80, CARRAGEENAN CONTAINS MILK, COCONUT, AND SOY		
CHERRIES JUBILEE NSA	3 GAL	66g	80	40	4.5g	2.5g	0g	15mg	30mg	75mg	13g	4g	2g	-	2g	6	0	6	0	^	^	^	^	Yes	^	^	^	^	^	INGREDIENTS: MILK, CREAM, BLACK CHERRIES (WATER, SORBITOL, POLYDEXTROSE, MALTODEXTRIN, MODIFIED CORN STARCH, CITRIC ACID, MALIC ACID, NATURAL FLAVORS, F, D, & C, RED NO. 40, F, D, & C, BLUE NO. 1, ACESULFAME POTASSIUM), MALTODEXTRIN, POLYDEXTROSE, SORBITOL, WHEY, NONFAT MILK, NATURAL FLAVOR, MICROCRYSTALLINE CELLULOSE, MONO AND DIGLYCERIDES, CELLULOSE GUM, GUAR GUM, CARRAGEENAN, F, D, & C, RED NO. 40, VITAMIN A PLAMITATE, SUCRALOSE CONTAINS MILK		



JACK & JILL NUTRITION & ALLERGENS -- 2010

ITEM	ALLERGENS																			FD&C YELLOW		INGREDIENTS						
	Calories										VITAMIN				PEA- TREE					#5	#6							
	Size	Serv g	Per	Calorie	Tot	Sat	Trans	Sodium	Potass	Dietary	Sugar	A	C	Calcium	Iron	PEA	TREE	SOY	MILK				EGGS					
				Fr	Fat	Fat	choles			Carb	Fiber	Suga	chole	protei	% D	% D	% DV	% DV	% DV	GLUTEN	NUTS	NUTS						
ESPRESSO CHIP	3 GAL	66g	150	70	8g	6g	0g	25mg	40mg	80mg	18g	0g	13g	-	2g	6	0	6	2	^	^	Yes	Yes	Yes	^	^	^	INGREDIENTS: MILK, CREAM, CORN SYRUP, SUGAR, CHOCO ESPRESSO CHUNKS (POWDERED SUGAR [SUGAR, CORNSTARCH], COCONUT OIL, COCOA PROCESSED WITH ALKALI, COCOA, COFFEE, BUTTER, OIL, SOY LECITHIN, NATURAL FLAVOR), HIGH FRUCTOSE COR SYRUP, WHEY, NONFAT MILK, BRAZILIAN SPRAY DRIED COFFEE, MONO AND DIGLYCERIDES, GUAR GUM, CARBOXYMETHYLCELLULOSE GUM, POLYSORBATE 80, CARRAGEENAN, CARAMEL COLOR (BURNT CORN SUGARS) CONTAINS MILK, SOY, AND COCONUT
JACK & JILL 3 GAL BULK ICE CREAM: FRENCH VANILLA	3 GAL	66g	140	70	7g	4.5g	0g	50g	45mg	16g	0g	12g	-	2g	6	0	6	2	^	^	^	^	Yes	Yes	^	^	^	INGREDIENTS: MILK, CREAM, CORN SYRUP, SUGAR, HIGH FRUCTOSE SYRUP, WHEY, NONFAY MILK, EGG YOLKS, MONO AND DIGLYCERIDES, GUAR GUM, CARBOXYMETHYLCELLULOSE GUM, NATURAL FLAVOR, VANILLA, ARTIFICIAL FLAVOR, POLYSORBATE 80, CARRAGEENAN, ANNATTO CONTAINS MILK AND EGGS
FUDGE RIPPLE	3 GAL	66g	140	60	7g	4g	0g	25mg	40mg	70mg	19g	0g	13g	-	2g	4	0	6	2	^	^	^	^	Yes	^	^	INGREDIENTS: MILK, CREAM, CHOCOLATE VARIEGATE (CORN SYRUP, WATER, HIGH FRUCTOSE CORN SYRUP, COCOA PROCESSED WITH ALKALI, MODIFIED CORN STARCH, SUGAR, CITRIC ACID, NATURAL FLAVORS), CORN SYRUP, SUGAR, HIGH FRUCTOSE CORN SYRUP, WHEY, NONFAT MILK, MONO AND DIGLYCERIDES, NATURAL FLAVOR, VANILLA, ARTIFICIAL FLAVOR, GUAR GUM, CARBOXYMETHYLCELLULOSE GUM, POLYSORBATE 80, CARRAGEENAN, CARAMEL COLOR CONTAINS MILK	
MINT CHOCOLATE CHIP	3 GAL	66g	150	70	8g	6g	0g	25mg	40mg	90mg	18g	0g	13g	-	2g	6	0	6	2	^	^	Yes	Yes	Yes	^	Yes	^	INGREDIENTS: MILK, CREAM, CORN SYRUP, SUGAR, CHOCOLATE CHIPS (SUGAR, COCONUT OIL, COCOA PROCESSED WITH ALKALI, COCOA, BUTTEROIL, SOY LECITHIN, NATURAL FLAVORS), HIGH FRUCTOSE CORN SYRUP, WHEY, NONFAT MILK, MONO AND DIGLYCERIDES, GUAR GUM, CARBOXYMETHYLCELLULOSE GUM, POLYSORBATE 80, CARRAGEENAN, DISTILLED OIL OF PEPPERMINT, F, D, & C, GREEN nO. 3 CONTAINS MILK, COCONUT, AND SOY
MINT CHOCOLATE CHIP NSA	3 GAL	66g	100	50	6g	4g	0g	15mg	30mg	75mg	16g	4g	2g	-	2g	6	0	6	0	^	^	Yes	Yes	Yes	^	^	^	INGREDIENTS: MILK, CREAM, M ALTODEXTRIN, CHOCOLATE CHIPS (MALTILOL, COCONUT OIL, COCOA PROCESSED WITH ALKALI, LACTITOL, MILKFAT, SOY LECITHIN, VANILLA, NATURAL FLAVORS), POLYDEXTROSE, SORBITOL, WHEY, NONFAT MILK, MICROCRYSTALLINE CELLULOSE, MONO AND DIGLYCERIDES, CELLULOSE GUM, GUAR GUM, CARRAGEENAN, F, D, & C, YELLOW NO. 5, F, D, & C, GREEN NO. 3, PEPPERMINT OIL REDISTILLED, VITAMIN A PALMITATE, SUCRALOSE CONTAINS MILK, SOY AND COCONUT
MOOSE TRACKS	3 GAL	66g	170	90	10g	5g	0g	25mg	55mg	115mg	19g	<1g	13g	-	2g	4	0	6	4	^	Yes	Yes	Yes	Yes	^	^	^	INGREDIENTS: MILK, CREAM, CORN SYRUP, FUDGE VARIEGATE (POWDERED SUGAR (SUGAR, CORNSTARCH), PEANUT OIL, COCOA PROCESSED WITH ALKALI, WHEY, SALT, SOY LECITHIN), SUGAR, PEANUT BUTTER CUPS (COATING [SUGAR, COCONUT OIL, COCOA PROCESSED WITH ALKALI, FAT FREE MILK, MILK, SOY LECITHIN, NATURAL FLAVORS], PEANUT BUTTER (PEANUTS, SALT)), HIGH FRUCTOSE CORN SYRUP, WHEY, NONFAT MILK, MONO AND DIGLYCERIDES, VANILLA, GUAR GUM, CARBOXYMETHYLCELLULOSE GUM, POLYSORBATE 80, CARRAGEENAN CONTAINS MILK, PEANUTS, SOY AND COCONUT
MOOSE TRACKS NSA/RF	3 GAL	66g	120	70	8g	4g	0g	15mg	45mg	120mg	17g	4g	2g	-	2g	4	0	6	0	^	Yes	Yes	Yes	Yes	^	^	^	INGREDIENTS: MILK, CREAM, MOOSE TRACKS FUDGE (PEANUT OIL, COCOA PROCESSED WITH ALKALI, MALTODEXTRIN, MALTITOL, SORBITOL, COCOA, WHEY, SALT, SOY LECITHIN, NATURAL FLAVOR, SUCRALOSE, ACESULFAME POTASSIUM), MALTODEXTRIN, PEANUT BUTTER CUPS (PEANUT BUTTER [PEANUTS, SALT], COCONUT OIL, LACTITOL, MALTITOL, COCOA PROCESSED WITH ALKALI, SOY LECITHIN, VANILLA), POLYDEXTROSE, SORBITOL, NONFAT MILK, WHEY, VANILLA, MICROCRYSTALLINE CELLULOSE, MONO AND DIGLYCERIDES, CELLULOSE GUM, GUAR GUM, CARRAGEENAN, SUCRALOSE, VITAMIN A PALMITATE CONTAINS MILK, PEANUTS, SOY AND COCONUT
PEACH	3 GAL	66g	130	50	6g	4g	0g	25mg	40mg	70mg	18g	0g	13g	-	2g	4	0	6	2	^	^	^	^	Yes	^	^	INGREDIENTS: MILK, CREAM, DICED PEACHES (PEACHES, CORN SYRUP, SUGAR, WATER, MODIFIED CORN STARCH, NATURAL FLAVORS, MALIC ACID, ASCORBIC ACID, XANTHAN GUM, LOCUST BEAN GUM, F, D, & C, YELLOW NO. 6), CORN SYRUP, SUGAR, NATURAL PEACH FLAVOR (SUGAR, WATER, NATURAL FLAVORS, GUAR GUM, CITRIC ACID, SODIUM CITRATE, ANNATTO, TURERIC), HIGH FRUCTOSE CORN SYRUP, WHEY, NONFAT MILK, MONO AND DIGLYCERIDES, GUAR GUM, CARBOXYMETHYLCELLULOSE GUM, POLYSORBATE 80, CARRAGEENAN CONTAINS MILK	



JACK & JILL NUTRITION & ALLERGENS -- 2010

ITEM	ALLERGENS																				INGREDIENTS							
	Calories										VITAMIN											FD&C YELLOW						
	Size	Serv g	Per	Calorie Tot	Sat	Trans					Dietary	Sugar	VITAMIN A	VITAMIN C	Calcium	Iron	PEA- TREE			#5		#6						
PEANUT BUTTER RIPPLE	3 GAL	66g	160	90	10g	4.5g	0g	25mg	85mg	95mg	16g	0g	11g	-	3g	4	0	6	2	^	Yes	^	^	Yes	^	^	^	INGREDIENTS: MILK, CREAM, CORN SYRUP, PEANUT BUTTER (PEANUTS, PEANUT OIL, SUGAR, SALT), SUGAR, HIGH FRUCTOSE CORN SYRUP, WHEY, NONFAT MILK, MONO AND DIGLYCERIDES, NATURAL FLAVORS, VANILLA, ARTIFICIAL FLAVOR, GUAR GUM, CARBOXYMETHYLCELLULOSE GUM, POLYSORBATE 80, CARRAGEENAN, CARAMEL COLOR CONTAINS MILK AND PEANUTS
JACK & JILL 3 GAL BULK ICE CREAM: PEPPERMINT STICK	3 GAL	66g	150	60	7g	4.5g	0g	25mg	40mg	60mg	20g	0g	14g	-	2g	6	0	6	2	^	^	^	^	Yes	^	^	^	INGREDIENTS: MILK, CREAM, CORN SYRUP, PEPPERMINT CANDY (SUGAR, CORN SYRUP, PARTIALLY HYDROGENATED COTTONSEED AND/OR SOYBEAN OILS, PEPPERMINT OIL, TURMERIC, F, D, & C, BLUE NO. 1, F, D, & C, RED NO. 40), SUGAR, HIGH FRUCTOSE CORN SYRUP, WHEY, NONFAT MILK, MONO AND DIGLYCERIDES, GUAR GUM, CARBOXYMETHYLCELLULOSE GUM, NATURAL FLAVOR, POLYSORBATE 80, CARRAGEENAN, F, D, & C, RED NO.4
PISTACHIO	3 GAL	66g	160	80	9g	4.5g	0g	25mg	40mg	60mg	16g	0g	11g	-	3g	6	0	6	2	^	^	Yes	^	Yes	^	^	^	INGREDIENTS: MILK, CREAM, CORN SYRUP, SUGAR, PISTACHIOS (PISTACHIOS, COTTONSEED OIL, SALT), HIGH FRUCTOSE CORN SYRUP, WHEY, NONFAT MILK, NATURAL FLAVOR, MONO AND DIGLYCERIDES, GUAR GUM, CARBOXYMETHYLCELLULOSE GUM, POLYSORBATE 80, CARRAGEENAN, TURMERIC, F, D, & C, BLUE NO. 1 CONTAINS MILK AND PISTACHIOS
PUMPKIN PIE	3 GAL	66g	140	60	6g	4g	0g	25mg	55mg	70mg	19g	0g	14g	-	2g	25	0	6	2	^	^	^	^	Yes	^	^	^	INGREDIENTS: MILK, CREAM, PUMPKIN BASE (PUMPKIN, SUGAR, CINNAMON, GINGER, NUTMEG, CLOVES, NATURAL FLAVOR), CORN SYRUP, SUGAR, HIGH FRUCTOSE CORN SYRUP, WHEY, NONFAT MILK, MONO AND DIGLYCERIDES, GUAR GUM, CARBOXYMETHYLCELLULOSE GUM, POLYSORBATE 80, CARRAGEENAN CONTAINS MILK
ROCKY ROAD	3 GAL	66g	150	70	7g	4.5g	0g	25mg	90mg	70mg	19g	<1g	14g	-	2g	4	0	6	4	^	^	Yes	Yes	Yes	^	^	^	INGREDIENTS: MILK, CREAM, MARSHMALLOW BASE (CORN SYRUP, WATER, SUGAR, GUM ARABIC, VANILLA, NATURAL FLAVOR), CORN SYRUP, SUGAR, ALMOND CLUSTERS (ALMONDS, SUGAR, PARTIALLY HYDROGENATED PALM KERNEL OIL, COCOA PROCESSED WITH ALKALI, SALT, SOY LECITHIN, NATURAL FLAVOR), HIGH FRUCTOSE CORN SYRUP, COCOA PROCESSED WITH ALKALI, WHEY, NONFAT MILK, MONO AND DIGLYCERIDES, GUAR GUM, CARBOXYMETHYLCELLULOSE GUM, POLYSORBATE 80, CARRAGEENAN CONTAINS MILK, ALMONDS, AND SOY
RUM RAISIN	3 GAL	66g	140	60	6g	4g	0g	20mg	50mg	85mg	20g	0g	15g	-	2g	4	0	6	2	^	^	^	^	Yes	^	^	^	INGREDIENTS: MILK, CREAM, RUM RAISIN BASE (RAISINS, WATER, SUGAR, CORN SYRUP, RUM), CORN SYRUP, SUGAR, HIGH FRUCTOSE SYRUP, WHEY, NONFAT MILK, NATURAL FLAVOR, MONO AND DIGLYCERIDES, GUAR GUM, CARBOXYMETHYLCELLULOSE GUM, POLYSORBATE 80, CARRAGEENAN CONTAINS MILK
SPUMONI	3 GAL	66g	140	70	7g	4.5g	0g	25mg	45mg	70mg	17g	0g	12g	-	2g	6	0	6	2	^	^	Yes	^	Yes	^	Yes	^	INGREDIENTS: MILK, CREAM, CORN SYRUP, SUGAR, SPUMONI FRUIT (CORN SYRUP, PINEAPPLE, PEACHES, CHERRIES, ALMONDS, WATER, SUGAR, RAISINS, MODIFIED CORN STARCH, NATURAL FLAVORS, ARTIFICIAL FLAVORS, F, D, & C, RED NO. 40), HIGH FRUCTOSE CORN SYRUP, WHEY, NONFAT MILK, COCOA PROCESSED WITH ALKALI, ALMONDS (ALMONDS, COTTONSEED OIL, BUTTER [CREAM, SALT], SALT), MONO AND DIGLYCERIDES, GUAR GUM, CARBOXYMETHYLCELLULOSE GUM, NATURAL FLAVOR (NATURAL FLAVOR, TURMERIC, F, D, & C, BLUE no. 1), POLYSORBATE 80, CARRAGEENAN, F, D, & C, RED NO 40, F, D, & C, BLUE no. 1, F, D, & C, YELLOW no. 5, F, D, & C, GREEN NO. 3 CONTAINS MILK AND ALMONDS
STRAWBERRY CHEESECAKE	3 GAL	66g	150	70	7g	4.5g	0.5g	25mg	65mg	60mg	19g	0g	12g	-	2g	4	0	6	2	Yes	^	^	Yes	Yes	^	^	^	INGREDIENTS: MILK, CREAM, CORN SYRUP, SUGAR, GRAHAM CRUNCH (SUGAR, BLEACHED WHEAT FLOUR, PARTIALLY HYDROGENATED COTTONSEED AND SOYBEAN OIL, WHOLE WHEAT FLOUR, SALT, MOLASSES, CINNAMON, SODIUM BICARBONATE, CARAMEL COLOR, SOY LECITHIN, NATURAL FLAVOR), CHEESECAKE BASE (CORN SYRUP, WATER HIGH FRUCTOSE CORN SYRUP, CREAM CHEESE POWDER [CREAM CHEESE, MILK, CULTURE, SALT, CAROB BEAN GUM, ENZYME, NONFAT MILK], MODIFIED CORN STARCH, CITRIC ACID, SALT, SUGAR, ZANTHAN GUM, NATURAL AND ARTIFICIAL FLAVORS), STRAWBERRY PUREE (CORN SYRUP, WATER, STRAWBERRIES, HIGH FRUCTOSE CORN SYRUP, MODIFIED CORN STARCH, NATURAL FLAVORS, SUGAR, CITRIC ACID, F, D, & C, RED NO. 40), HIGH FRUCTOSE CORN SYRUP, WHEY, NONFAT MILK, MONO AND DIGLYCERIDES, GUAR GUM, CARBOXYMETHYLCELLULOSE GUM, POLYSORBATE 80, CARRAGEENAN CONTAINS MILK, WHEAT, AND SOY



JACK & JILL NUTRITION & ALLERGENS -- 2010

ITEM	ALLERGENS																				FD&C YELLOW		INGREDIENTS					
	Calories										Dietary										PEA- TREE			EGGS				
	Size	Serv g	Per	Calorie	Tot	Sat	Trans	Sodium	Potass	Carb	Fiber	Sugar	Alcohol	Protein	% DV	% DV	% DV	% DV	GLUTEN	NUTS	NUTS	SOY		MILK	#5	#6		
JACK & JILL 3 GAL BULK ICE CREAM: STRAWBERRY SHORTCAKE	3 GAL	66g	150	60	7g	4g	0g	25mg	50mg	55mg	20g	0g	14g	-	2g	4	2	6	2	Yes	^	^	Yes	Yes	^	^	^	INGREDIENTS: MILK, CREAM, STRAWBERRY RIPPLE (SUGAR, STRAWBERRY PUREE, WATER, CORN SYRUP, PECTIN, MALIC ACID, F, D, & RED 40, NATURAL FLAVORS), CORN SYRUP, SUGAR, PINK/VANILLA CRUNCH (BLEACHED WHEAT FLOUR, PARTIALLY HYDROGENATED OIL, F, D, & C, RED NO. 3, SALT, BAKING SODA, SOY LECITHIN, NATURAL AND ARTIFICIAL FLAVORS), HIGH FRUCTOSE CORN SYRUP, WHEY, NONFAT MILK, NATURAL STRAWBERRY FLAVOR (WATER, CONCENTRATED STRAWBERRY JUICE, NATURAL FLAVOR, CITRIC ACID), MONO AND DIGLYCERIDES, GUAR GUM, CARBOXYMETHYLCELLULOSE GUM, POLYSORBATE 80, CARRAGEENAN CONTAINS MILK, WHEAT, AND SOY
TOFFEE BAR CRUNCH	3 GAL	66g	160	80	8g	5g	0g	30mg	65mg	65mg	18g	0g	13g	-	2g	6	0	6	2	^	^	Yes	Yes	Yes	^	^	^	INGREDIENTS: MILK, CREAM, CORN SYRUP, TOFFEE CRUNCH (MILK CHOCOLATE [SUGAR, COCOA BUTTER, CHOCOLATE NONFAT MILK, MILKFAT, LACTOSE, SOY LECITHIN, SALT, VANILLIN, ARTIFICIAL FLAVOR], SUGAR, PALM OIL, BUTTER [CREAM, SALT], ALMONDS [ALMONDS, COCOA BUTTER, AND/OR SUNFLOWER OIL], SALT, ARTIFICIAL FLAVOR, SOY LECITHIN), HIGH FRUCTOSE CORN SYRUP, WHEY, NONFAT MILK, MONO AND DIGLYCERIDES, GUAR GUM, CARBOXYMETHYLCELLULOSE GUM, NATURAL FLAVOR, VANILLA, ARTIFICIAL FLAVOR, POLYSORBATE 80, CARRAGEENAN CONTAINS MILK, ALMONDS, AND SOY

JACK & JILL 3 GAL BULK YOGURT: VANILLA FAT FREE YOGURT	3 GAL	66g	90	0	0g	0g	0g	0mg	60mg	95mg	19g	0g	14g	-	3g	2	0	10	4	^	^	^	^	Yes	^	^	^	INGREDIENTS: FAT FREE MILK, CORN SYRUP, WHEY, MONO AND DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, CALCIUM SULFATE, NATURAL FLAVOR, VANILLA, ARTIFICIAL FLAVOR, POLYSORBATE 80, CARRAGEENAN, VITAMIN A PALMITATE, CONTAINS LIVE YOGURT CULTURES CONTAINS MILK
VANILLA BEAN LF YOGURT	3 GAL	66g	110	20	2.5g	1.5g	0g	10mg	60mg	95mg	18g	0g	15g	-	3g	2	0	10	4	^	^	^	^	Yes	^	^	^	INGREDIENTS: MILK, SUGAR, CORN SYRUP, NONFAT MILK, HIGH FRUCTOSE CORN SYRUP, WHEY, CREAM, MONO AND DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, NATURAL FLAVOR, VANILLA, ARTIFICIAL FLAVOR, CALCIUM SULFATE, POLYSORBATE 80, VANILLA BEAN, CARRAGEENAN, CONTAINS YOGURT CULTURES CONTAINS MILK
PEACH LF YOGURT	3 GAL	66g	100	20	2g	1.5g	0g	10mg	50mg	90mg	19g	0g	16g	-	2g	2	0	8	2	^	^	^	^	Yes	^	^	^	INGREDIENTS: MILK, DICED PEACHES (PEACHES, CORN SYRUP, SUGAR, WATER, MODIFIED CORN STARCH, NATURAL FLAVORS, MALIC ACID, ASCORBIC ACID, XANTHAN GUM, LOCUST BEAN GUM, F, D, & C, YELLOW NO. 6), SUGAR, CORN SYRUP, PEACH FLAVOR (SUGAR, WATER, NATURAL FLAVORS, GUAR GUM, CITRIC ACID, SODIUM CITRATE, ANNATTO, TURMERIC), NONFAT MILK, HIGH FRUCTOSE CORN SYRUP, WHEY, CREAM, MONO AND DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, CALCIUM SULFATE, ARTIFICIAL FLAVOR, POLYSORBATE 80, CARRAGEENAN, CONTAINS LIVE YOGURT CULTURES CONTAINS MILK
STRAWBERRY LF YOGURT	3 GAL	66g	100	20	2g	1.5g	0g	10mg	50mg	75mg	18g	0g	14g	-	2g	2	4	8	2	^	^	^	^	Yes	^	^	^	INGREDIENTS: MILK, STRAWBERRIES (STRAWBERRIES, SUGAR, MODIFIED CORN STARCH, GUAR GUM, CITRIC ACID), SUGAR, CORN SYRUP, NONFAT MILK, HIGH FRUCTOSE CORN SYRUP, WHEY, CREAM, MONO AND DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, CALCIUM SULFATE, ARTIFICIAL FLAVOR, POLYSORBATE 80, CARRAGEENAN, F, D, & C, RED NO. 40, F, D, & C, BLUE NO. 1, CONTAINS LIVE CULTURES CONTAINS MILK
CHOCOLATE LF YOGURT	3 GAL	66g	100	20	2.5g	1.5g	0g	10mg	50mg	95mg	18g	<1g	13g	-	3g	2	0	8	6	^	^	^	^	Yes	^	^	^	INGREDIENTS: MILK, SUGAR, CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, NONFAT MILK, COCOA PROCESSED WITH ALKALI, WHEY, CREAM, MONO AND DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, CALCIUM SULFATE, ARTIFICIAL FLAVOR, POLYSORBATE 80, CARRAGEENAN, CONTAINS LIVE CULTURES CONTAINS MILK



JACK & JILL NUTRITION & ALLERGENS -- 2010

ALLERGENS

ITEM	Calories														VITAMIN										FD&C YELLOW		INGREDIENTS							
	Size	Serv g	Per	Calorie	Tot	Sat	Trans									Dietary	Sugar	A	C	Calcium	Iron	PEA	TREE									#5	#6	
JACK & JILL 3 GAL BULK YOGURT: TOFFEE BAR CRUNCH LF YOGURT	3 GAL	66g	130	35	4g	2g	0g	10mg	80mg	90mg	20g	0g	16g	-	3g	2	0	8	2															INGREDIENTS: MILK, SUGAR, CORN SYRUP, HEATH ENGLISH TOFFEE CRUNCH (MILK, CHOCOALTE [SUGAR, COCOA BUTTER, CHOCOLATE, NONFAT MILK, MILKFAT, LACTOSE, SOY LECITHIN, SALT, VANILLIN, ARTIFICIAL FLAVOR], SUGAR, PALM OIL, BUTTER [CREAM, SALT], ALMONDS [ALMONDS, COCOA BUTTER AND/OR SUNFLOWER OIL], SALT, ARTIFICIAL FLAVOR, SOY LECITHIN), NONFAT MILK, HIGH FRUCTOSE CORN SYRUP, WHEY, CREAM, MONO AND DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, CALCIUM SULFATE, NATURAL FLAVOR, VANILLA, ARTIFICIAL FLAVOR, POLYSORBATE 80, CARRAGEENAN, CONTAINS LIVE YOGURT CULTURES CONTAINS MILK, ALMONDS AND SOY
PEANUT BUTTER YOGURT	3 GAL	66g	130	50	5g	2g	0g	10mg	95mg		18g	0g	14g		4g	2	0	8	4			Yes											INGREDIENTS: MILK, SUGAR, PEANUT BUTTER (PEANUTS, PEANUT OIL, SUGAR, SALT), CORN SYRUP, NONFAT MILK, HIGH FRUCTOSE CORN SYRUP, WHEY, CREAM, MONO AND DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, CALCIUM SULFATE, NATURAL FLAVOR, VANILLA, ARTIFICIAL FLAVOR, POLYSORBATE 80, CARRAGEENAN, CONTAINS LIVE YOGURT CULTURES CONTAINS MILK AND PEANUTS	

JACK & JILL 3 GAL BULK SHERBET: ORANGE SHERBET	3 GAL	85g	120	10	1g	1g	0g	5mg	20mg	60mg	27g	0g	18g	-	1g	0	2	4	4														INGREDIENTS: MILK, WATER, SUGAR, CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, ORANGE BASE (WATER, ORANGE JUICE CONCENTRATE, ORANGE PULP, NATURAL FLAVORS, CITRIC ACID, F, D, & C, YELLOW NO. 6, F, D, & C, RED NO.40), WHEY, CITRIC ACID, CREAM, NONFAT MILK, MONO AND DIGLYCERIDES, GUAR GUM, CARBOXYMETHYL CELLULOSE GUM, CARRAGEENAN CONTAINS MILK
LEMON/LIME SHERBET	3 GAL	85g	120	10	1g	1g	0g	5mg	20mg	60mg	27g	0g	18g	-	1g	0	2	4	4														INGREDIENTS: MILK, WATER, SUGAR, CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, LEMON BASE (WATER, ORANGE PULP, LEMON JUICE CONCENTRATE, NATURAL FLAVOR, GUM TRAGACANTH), LIME BASE (WATER, ORANGE PULP, LIME JUICE CONCENTRATE, NATURAL FLAVOR, GUM TRAGACANTH, F, D, & C, YELLOW NO. 5, F, D, & C, BLUE NO. 1
RAINBOW SHERBET	3 GAL	85g	120	10	1g	1g	0g	5mg	20mg	60mg	27g	0g	19g	-	1g	0	2	4	4														INGREDIENTS: MILK, WATER, SUGAR, CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, RASPBERRY PUREE (CORN SYRUP, RASPBERRY PUREE, WATER, MODIFIED CORN STARCH, NATURAL FLAVORS, SUGAR, CITRIC ACID, GUAR GUM, F, D, & C, RED NO. 40, F, D, & C, BLUE NO.1), WHEY, ORANGE BASE (WATER, ORANGE JUICE CONCENTRATE, ORANGE PULP, NATURAL FLAVORS, CITRIC ACID, F, D, & C, YELLOW NO. 6, F, D, & C, RED NO. 40), CITRIC ACID, LEMON BASE (WATER, ORANGE PULP, LEMON JUICE CONCENTRATE, NATURAL FLAVOR, GUM TRAGACANTH), LIME BASE (WATER, ORANGE PULP, LIME JUICE CONCENTRATE, NATURAL FLAVOR, GUM, TRAGAVCANTH, F, D, & C, YELLOW NO. 5, F, D, & C, BLUE NO.1), CREAM, NONFAT MILK, NATURAL FLAVOR, MONO AND DIGLYCERIDES, GUAR GUM, CARBOXYMETHYL CELLULOSE GUM, CARRAGEENAN CONTAINS MILK
RASPBERRY SHERBET	3 GAL	85g	130	10	1g	0.5g	0g	5mg	20mg	55mg	29g	0g	20g	-	1g	0	0	4	4														INGREDIENTS: MILK, WATER, SUGAR, CORN SYRUP, RASPBERRY PUREE (CORN SYRUP, RASPBERRY PUREE, WATER, MODIFIED CORN STARCH, NATURAL FLAVORS, SUGAR, CITRIC ACID, GUAR GUM, F, D, & C, RED NO. 40, F, D, & C, BLUE NO. 1), HIGH FRUCTOSE CORN STARCH, WHEY, CITRIC ACID, CREAM, NONFAT MILK, NATURAL FLAVOR, MONO AND DIGLYCERIDES, GUAR GUM, CARBOXYMETHYL CELLULOSE GUM, CARRAGEENAN CONTAINS MILK

